



**STUDY NOTES – FEBRUARY 21, 2021**

**Sermon Series: “The Book of Daniel”**

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**Scripture: Daniel 6**

[Today's goal: To learn to stand strong under “cultural pressure”]

**1. A commitment to courageous living (V. 10a)**

- o Life lesson:

1. **What** is the issue?
2. **Why** take a stand?
3. **How** will I take a stand?

**2. A commitment to spiritual disciplines (V. 10b)**

- o Life lesson:

DISCIPLINE	DESCRIPTION	OUTCOME
1. Bible Study	Interpreting, reflecting, and applying Bible	Develops unshakeable convictions
2. Prayer	Communicating, praising, asking, thanking	Develops the habit of asking for wisdom when under pressure.
3. Confession	Admitting sins to God	Develops a commitment to a clear conscience.
4. Frugality	Living below our means	Develops to commitment to “not be bought”
5. Rest	Breaking from the busy pace of life	Develops renewed energy to face cultural pressure
6. Secrecy	Avoiding self-promotion; Serving w/o accolades	Develops a unified life (i.e. what is seen and who we are)

**S.A.L.T. Group questions**

- Have someone read Sunday's passage: Daniel 6:1-10
  - o What truths stand out to you?
- 1. What are some biblical issues that you consider as “nonnegotiable”?
  - o Give reasons why they are nonnegotiable.
  - o Why is it important to “put your stake in the ground” on biblical issues before temptation comes?
- 2. Why is it so easy to complain when things are not as we would hope they would be?
  - o Consider God's sovereignty. Why is complaining such a grievous sin?
  - o What are some helpful ways to overcome complaining?
  - o What happens to us when we exchange complaining for gratefulness?
- 3. What are some spiritual disciplines that you have found helpful?
  - o Why are these disciplines important to you?
  - o What spiritual disciplines would you like to add to your life?