Today’s goal: To continue to learn and apply safeguards against spiritual defeat

Five safeguards from the last two weeks:
1. Prepare for the enemy.
2. Reject sensuality.
3. Honor sacred things.
4. Beware of false security.
5. Be sensitive toward breaking experiences.

Final two safeguards:
1. The words of Daniel (Vs. 10-23)
   - The sixth safeguard:
     - See chart on back.
2. The words on the wall (Vs. 24-31)
   - The seventh safeguard:

<table>
<thead>
<tr>
<th>Reliance on self</th>
<th>Reliance on God</th>
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</thead>
<tbody>
<tr>
<td>1. Belief in unlimited abilities</td>
<td>1. Belief in personal ineptitude</td>
</tr>
<tr>
<td>2. Pursuit of independence</td>
<td>2. Pursuit of dependence (on God)</td>
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<tr>
<td>3. Failure is unbearable</td>
<td>3. Failure is manageable</td>
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<tr>
<td>4. Shame over personal failure</td>
<td>4. Praise of God’s grace</td>
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<td>5. “Image addiction”</td>
<td>5. Genuine and “free”</td>
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<tr>
<td>6. Dread of losing control</td>
<td>6. Resting in God’s control</td>
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</tbody>
</table>

S.A.L.T. Group questions
- Have someone read Sunday’s passage: Daniel 5:10-23
  - What truths stand out to you?
- Of the seven safeguards we have studied over the last three Sundays, which one of them do you need to personally work on?
  - What happens when we do not acknowledge God as our source?
    - What happens when we do acknowledge God as our source?
  - What are some characteristics of a poser?
    - Why is there such a temptation to be a poser?
    - Why does posing keep us from true repentance?
- As a group, spend time in prayer asking God to safeguard your lives from spiritual defeat.

S.A.L.T. groups (“Sharing And Learning Together”) are Camano Chapel’s adult small group ministry. To learn more, you can go online at camanochapel.org and click on the ministry tab.