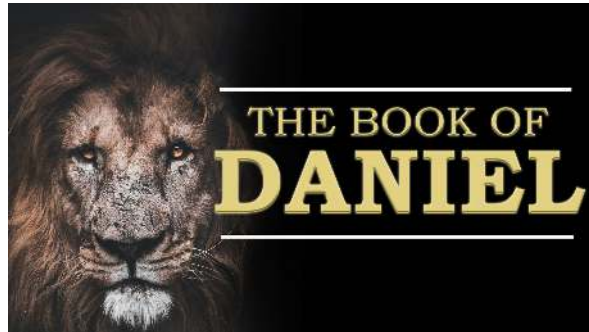




STUDY NOTES – OCTOBER 18, 2020



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Scripture: Daniel 1:1-2

Today's goal: To challenge us to overcome adversity

Background on Daniel

- Date: 6th century B.C.
- Author: Daniel
- Type of writing: Biographical and prophetic
- Circumstance: During Israel's 70 yr. captivity in Babylon

1. Adversity and the sovereignty of God (VS. 1-2)

- Life lesson: Interpret all circumstances in light of God's triumphant nature.

2. Adversity and the choice we must make (V. 3)

- Life lesson: We have a choice to be a victim or a victor.

VICTIM	VICTOR
1. "I am powerless."	"In Christ, I have His power."
2. "This is a catastrophe."	"God is in control."
3. "Others are trying to hurt me."	"Since God is for me, no one can stand against me."
4. "I alone am being mistreated."	"I share in suffering with other believers."
5. "I FEEL like a victim."	"I KNOW I'm a victor."
6. "I keep painful feelings alive through unforgiveness."	"I forgive as Christ has forgiven me."

S.A.L.T. Group questions

- Have someone read Sunday's passage: Daniel 1:1-2
 - What truths stand out to you?

- 1. What are some of the negative consequences of interpreting our circumstances by our emotions?
 - Share a time when you did this.
 - What were the results?
 - How were you able to move beyond the emotional driven response?
 - What advice would you give someone who said, "I've had so many problems that I think God doesn't love me anymore."
 - How does understanding God's triumphant nature affect our daily lives, especially during times of suffering?
- 2. Have you ever felt like a victim?
 - If so, how did you combat this unhealthy attitude?
- 3. Look at the "Victim, Victor" chart. Which attitude do you need to work on?
 - What are some ways we can turn our attitude from feeling like a victim to knowing that we are a victor in Christ?

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