



STUDY NOTES – SEPTEMBER 13, 2020

Sermon Series: “*First Peter: Stand Firm*”

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Scripture: 1 Peter 5:5-7

Today's topic: Humility

1. Humility in relationships with people (V. 5)

- Life lesson: True humility will always include respect for our elders.

2. Humility in relationship with God (Vs. 6-7)

- Life lesson: True humility will always include releasing control to God.

HOW TO HUMBLY RELEASE CONTROL TO GOD:

1. Study God's character traits of love, wisdom and power.
2. Focus on God's "bigness".
3. Acknowledge your own "smallness".
4. Find your identity in God, not success.
5. Rid yourself of thoughts of "what should happen".

S.A.L.T. Group questions

- Have someone read Sunday's passage: 1 Peter 5:5-7
 - What truths stand out to you?
- 1. Describe the humblest person you have ever met.
 - What did you like most about them?
 - What are the results of relating to people in humility?
 - What are the results of relating to people pridefully?
 - What are set examples of occasions that Jesus showed humility?

2. Why is anxiety a mark of a lack of humility before God?

- Why is it so difficult to release control to God?
- Share an experience where you were anxious and then release control to God.
 - How were you able to release control?
- Of the five suggestions on how to humbly release control to God, which one do you need to work on?

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